

NDCSWINST 6200.1E
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06 November 1995

NAVDENCEN SOUTHWESTINST 6200.1E

Subj: SMOKING POLICY AT NAVAL DENTAL CENTER SOUTHWEST

Ref: (a) SECNAVINST 5100.13 Series
(b) OPNAVINST 6100.2 Series

1. Purpose. To publish policies for the implementation and maintenance of a tobacco prevention program at this command in accordance with references (a) and (b).
2. Cancellation. NAVDENCENS DIEGOINST 6200.1D.
3. Applicability and Scope. This instruction is designed to protect all Department of the Navy civilian and military personnel at Naval Dental Center Southwest.
4. Background. The Surgeon General of the United States has determined that tobacco use is the single most preventable cause of illness and death. There can be no question that the use of tobacco products adversely affects the health and readiness of the Navy. Exposure to smoke exhaled by smokers (passive smoking) has been demonstrated to produce morbidity in the non-smoking population. Our goal is to create an environment that supports abstinence, discourages the use of tobacco products, and to establish a healthy working environment. The Navy does not prohibit tobacco use, but employs a positive educational and awareness approach that is designed to provide the least disruption while improving the state of health and military readiness.
5. Policy. Taking into consideration known health hazards caused by tobacco use, the example we must set for patients as health care providers, and the policy intent of references (a) and (b), the use of tobacco products is prohibited within Naval Dental Center facilities and limited to designated areas only. Each clinic may designate one smoking area or use an area already designated by another facility (i.e., co-located medical clinic). The following guidelines must be adhered to when designating an area:
 - a. Must not be in the view of patients, students, or recruits.
 - b. Must not be an area shared by non-smokers.
 - c. Must be away from entrances and exits.
 - d. If it is a shared area between facilities, the cleanliness and maintenance of the area is the responsibility of all personnel utilizing the area.

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6. Action. The command shall make every effort to assist the tobacco user in their efforts to stop. The command DAPA and the Public Health Officer will conduct annual tobacco use surveys, and provide information on tobacco cessation workshops to those interested and will provide any other available material on alternatives to tobacco use.

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Distribution:
List I, Case 1, 2